You may know me.

I'm your constant companion.

I'm your greatest helper, I'm your heaviest burden.

I will push onward or drag you down to failure.

I am at your command.

Half the tasks you do might as well be turned over to me. I am able to do them quickly and I'm able to do them the same every time if that's what you want.

I'm easily managed, all you have to do is be firm with me.

Show me exactly how you want it done; after a few lessons I'll do it automatically.

I am the servant of all great men and women; of course, servant of the failures as well.

I've made all the great individuals who have ever been great. And, I've made all the failures too.

But I work with all the precision of a marvelous computer with the intelligence of a human being.

You may run me for profit or you may run me to ruin, it makes no difference to me.

Take me. Be easy with me and I will destroy you.

Be firm with me and I'll put the world at your feet.

Who am I?

I am HABIT!