## VOLLEYBALL IS A GAME OF CHANGE AND MOMENTUM SHIFTS.

**LEARNERS** WILL ADAPT AND BE SUCCESSFUL.

WHILE THOSE ATHLETES WHO HAVE ALREADY

**LEARNED FIND THEMSELVES** 

**BEAUTIFULLY EQUIPPED** 

TO PERFORM WITH A STYLE OF PLAY

THAT NO LONGER IS FLEXIBLE TO MEET THE

**DEMANDS OF PLAYING A VARIETY** 

OF TEAMS, EACH HAVING DIFFERENT

CAPABILITIES, STRATEGIES AND TACTICS.

Definition of a learner: a person who knows how to find the answers.

Defensively: Read the offense and your blockers and determine the most probable line of attack and then line-up in front of that line of attack.

Offensively: Read the defense and determine your most successful line of attack and then hit your ball "where they ain't!"

## Game Performance Goals:

- 1. Serve them out-of-system!
- 2. Sideout Forever!!
- 3 Play for Points!!!
- 4. Relentless Pursuit!!!!